

謙慎 *ken shin, modesty / humility* :

Awareness of one's limitations and a desire to learn from others

Healthy Humility vs. True Pride / Hubiris

There is nothing wrong with being confident in your skills, having a strong work ethic, and having access to incredible tools with the knowledge of how to use them well. Thoughtful self awareness should not make you feel small and incompetent nor over-confident and boastful.

The goal is to transform from **self-defeating ignorance** ("I don't know anything") or **over-confident arrogance** ("I know everything") to a **critical balance** ("I have the strength, the tools, and the resilience to find out how right or wrong I may be and improve my thinking and decisions"). 😊😌😊 Your mentors and the well-chosen tools that you use well are your launchpad, but the rigorous, **humble self-criticism / skepticism** you carry inside your own mind **is what keeps you healthy and keeps you from crashing**.

BEPPIE / GEMINI: 8.13.2026
